



19th Annual BOB BRIDGMAN 5K MEMORIAL RUN



Monday, May 27th, 8:30 AM

Mansfield University's
Shaute Baseball Field

Bob Bridgman began a career of long distance running in 1976 and brought to the sport the integrity that he took every where else he went. He made many friends on the local racing circuit where he competed almost every weekend for 25 years. He loved both the sport and the people who participated in it so much that he would often tell people that he lived life from one Saturday to the next. This race is held in remembrance of Bob.

- ◆ Proceeds to benefit the Second Chance Animal Sanctuaries, M.U. Cross Country, M.H.S. Cross Country, and the Bob Bridgman Memorial Scholarship at M.U.
- ◆ T-Shirts to the first 100 registrants
- ◆ Age Groups: 12 & under, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+
- ◆ Wheel Measured Course
- ◆ Professional timing
- ◆ One Water Stop, Refreshments at the Finish Line, No Duplication of Awards
- ◆ Registration Fee: Pre-Registration - \$15 (must be postmarked by May 23rd)
Registration on Day of Race - \$20
- ◆ Please bring a bag of dry cat or dog food, which will be donated to the SCAS
- ◆ Kid's Fun-Run (no charge, all participants receive finisher's medal)

DRIVING DIRECTIONS

From the intersection of Main Street and Rt. 6 at the traffic light in the center of Mansfield, head South on Main Street (old Rt. 15 business). Turn Left onto 4th Street. Take 2nd Left onto Clinton Street. Shaute Field is on the corner of 4th and Clinton Streets. The parking lot is on Clinton, just past the field.

Visit us online at WWW.JEFFBRIDGMAN.COM/5K
For more information call Roger Learn at (570) 297-3271

Name: _____

Address: _____

Phone: _____ eMail*: _____

* We promise not to send you any significant number of emails. These are for sending results once after the race, and to send one email announcing the event in the early spring.

Age on Race Day: _____ Sex: _____ T-Shirt Size: XS · S · M · L · XL

Waiver: In the consideration of the acceptance of the entry, I, the undersigned, for myself, my heirs, executors, and assigns, do hereby waive and release any and all rights and claims for damages and injuries which I may have against Mansfield Jr./Sr. High School, the Mansfield Jr./Sr. High School Cross Country Team, Mansfield University, and all other persons and entities involved in the event. I attest and verify that I am physically and medically able to participate in, and properly train for this event. Entrants under 18 years of age must have entry form signed by parent or guardian.

SIGNATURE: _____

SIGNATURE OF PARENT/GUARDIAN: _____

- ◆ Make checks payable to: Bob Bridgman Memorial Fund
- ◆ Send registrations to: Barb McConnell, 140 Wakefield Terrace, Mansfield, PA 16933
- ◆ Registration Fee: Pre-Registration - \$15 individual / \$35 family rate (3 or more)
(must be postmarked by May 23rd)
Registration on Day of Race - \$20 individual / \$40 family rate (3 or more)
- ◆ Please bring a bag of dry cat or dog food, which will be donated to the SCAS